

STEP 1 - BIOMETRIC SCREENING

Deadline: Thursday, Aug. 1, 2019

Complete your biometric screening onsite or with your primary care physician.

- Onsite screening events are offered at Crozer, DCMH, Springfield, and Taylor. Click [here](#) for a complete schedule.
- Click [here](#) to register online or call 800-337-8508, option 1, to schedule your appointment by phone.
- To complete your biometric screening in a physician's office or an urgent care:
 - Schedule an appointment with your physician and click [here](#) and print the required form to bring with you to your visit. Your form must be completed by a physician and returned to HealthFitness no later than Thursday, Aug. 1.
 - Click [here](#) to view a list of Crozer-Keystone primary care sites. You must bring the required form (see above) with you.
 - Biometric results from January 1, 2019 forward will be accepted
- 2019 screening measures are the same as in 2018 and include height, weight, blood pressure, and blood tests for diabetes and cholesterol.

Complete all 3 Steps by the August deadlines!