



# SLEEP CENTERS PRESCRIPTION

Complete & Fax to: 610-340-2371

- Sleep Center at Brinton Lake     Sleep Center at Delaware County     Sleep Center at Taylor

DATE: \_\_\_\_\_ Preferred Reading Doctor (optional): \_\_\_\_\_

PATIENT NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ PHONE #: \_\_\_\_\_

- REQUEST FOR EVALUATION AND TREATMENT**  
(Sleep physician will order sleep study if necessary.)

--OR--

**REQUEST FOR SLEEP STUDY:**

- PSG** #95810 (baseline sleep study)
- C-PAP** #95811 (treatment for sleep apnea)
- MSLT** #95805 (evaluate daytime sleepiness)
- MWT** #95805 (maintenance of wakefulness test)
- Split** #95811 (1/2 night PSG & 1/2 night C-PAP)
  
- Other** \_\_\_\_\_

**WOULD YOU LIKE YOUR PATIENT TO HAVE FOLLOW-UP CARE WITH THE SLEEP PHYSICIAN?**

- YES     NO

- PATIENT HAS HAD PREVIOUS SLEEP STUDY  
Location: \_\_\_\_\_ Year: \_\_\_\_\_

- DESENSITIZATION TO C-PAP MASK

**EVALUATE FOR:**

- Snoring (Primary) 786.09
- Sleep Apnea with Hypersomnia 780.53
- Restless Legs 333.94
- Sleep Disruption 780.55
- PLMS 327.51
- Narcolepsy 347.00
- CVA 436.00
- Seizure Disorder 345.90
- GERD 530.81
- HTN 401.10
- Parasomnia 327.49

**PATIENT COMPLAINTS:**

- Nocturia
- Witnessed Apnea
- Excessive Daytime Sleepiness
- Nocturnal Awakenings
- Non-Refreshing Sleep
- Fatigue
- Memory Loss
- Concentration Difficulty
- Nightmares
- Morning Headaches
- RLS

Does patient have special sleeping needs?  No  Yes Explain \_\_\_\_\_

Is patient using oxygen to sleep?  No  Yes Flow rate is \_\_\_\_\_ L / minute \_\_\_\_\_

**MEDICAL HISTORY** (OR EQUIVALENT – MOST RECENT OFFICE NOTE, H & P, etc.)

- Respiratory Function:     Normal     Abnormal    \_\_\_\_\_  
Cardiac System:         Normal     Abnormal    \_\_\_\_\_  
Mouth / Oropharynx:     Normal     Abnormal    \_\_\_\_\_  
Abdomen:                 Normal     Abnormal    \_\_\_\_\_

Physical Exam:    B/P \_\_\_\_\_ Heart Rate \_\_\_\_\_ Weight \_\_\_\_\_ Height \_\_\_\_\_

Allergies: \_\_\_\_\_ Latex allergy?  No  Yes

Medications: \_\_\_\_\_

Past Medical History: \_\_\_\_\_

**REFERRING PHYSICIAN'S SIGNATURE:** \_\_\_\_\_ (required)

**REFERRING PHYSICIAN'S OFFICE STAMP:**

<b>History &amp; Physical Reviewed by Sleep Physician. OK to Proceed with Planned Sleep Study.</b>	
_____	_____
Board Certified Sleep Physician	Date